## **SHUTTLE MENU STS-116**

(Stow By Meal)

**CHRISTER FUGLESANG, MS-3 (ORANGE)** 

Meal	Days 1 * & 8	Days 2 & 9	Days 3 & 10	Days 4 & 11	Days 5 & 12**	Day 6	Day 7
Α	Dried Peaches	Dried Pears	Dried Apricots	Dried Pears	Dried Peaches	Dried Apricots	Dried Pears
	Sausage Pattie	Scrambled Eggs	Granola w/ Blueberries	Breakfast Sausage Links	Mexican Scrambled Eggs	Granola w/ Blueberries	Breakfast Sausage Links
	Granola w/ Raisins	Granola w/ Raisins	Crackers	Granola w/ Raisins	Grits w/ Butter	Breakfast Roll	Seasoned Scrambled Eggs
	Brownie	Vanilla Breakfast Drink	Breakfast Roll	Shortbread Cookies	Granola w/Raisins	Brownie	Granola w/ Raisins
	Orange-Pineapple Drink	Orange Juice	Grapefruit Drink	Orange-Mango Drink	Orange Juice	Strawberry Breakfast Drink	Orange Drink
	Tea w/Sugar	Tea w/Sugar X2	Tea w/Sugar	Tea w/Sugar X2	Tea w/Sugar	Tea w/Sugar X2	Tea w/Sugar
В	Dried Beef	Dried Beef	Dried Beef	Dried Beef	Dried Beef	Dried Beef	Dried Beef
	Chicken Salad	Chicken Fajitas	Chicken Salad (R)	Chicken Fajitas	Seafood Chowder	Smoked Turkey	Chicken Strips in Salsa
	Lasagna w/Meat	Macaroni & Cheese	Crackers X2	Macaroni & Cheese	Crackers X2	Cheese Tortellini	Corn
	Cheese Spread	Corn	Sweet & Sour Pork	Tortilla X2	Spicy Chicken & Vegetables	Asparagus	Tortilla X2
	Tortilla X2	Tortilla X2	Peaches	Applesauce	Pears	Chocolate Pudding	Peanuts
	Pineapple	Fruit Cocktail	Granola Bar	Almonds	Candy Coated Peanuts	Butter Cookies	Shortbread Cookies
	Trail Mix	Trail Mix	Lemonade X2	Peach-Apricot Drink X2	Peach-Apricot Drink X2	Tropical Punch X2	Grape Drink X2
	Strawberry Drink X2	Peach-Apricot Drink X2					
С	Shrimp Cocktail	Shrimp Cocktail	Shrimp Cocktail	Shrimp Cocktail	Shrimp Cocktail	Shrimp Cocktail	Shrimp Cocktail
	Smoked Turkey	Grilled Chicken	Spaghetti w/Meat Sauce X2	Teriyaki Chicken	Grilled Pork Chop	Grilled Pork Chop	Sweet & Sour Pork
	Turkey Tetrazzini	Macaroni & Cheese	Italian Vegetables	Fettuccine	BBQ Beef Brisket	Potatoes au Gratin	Rice Pilaf
	Potatoes au Gratin	Mashed Potatoes	Tortilla	Brown Rice	Mashed Potatoes	Rice Pilaf	Broccoli au Gratin
	Tortilla X2	Creamed Spinach	Chocolate Pudding	Creamed Spinach	Green Beans w/Mushrooms	Pasta Vegetable Parmesan	Tortilla X2
	Pineapple	Tortilla X2	Cherry-Blueberry Cobbler	Tortilla X2	Tortilla X2	Tortilla X2	Chocolate Pudding
	Cherry-Blueberry Cobbler	Brownie	Orange Juice X2	Tapioca Pudding	Peach Ambrosia	Strawberries	Orange-Grapefruit Drink X2
	Grape Drink	Tropical Punch	Tea w/Sugar	Pineapple Drink	Apple Cider	Lemonade	Tea w/Lemon

<sup>\*</sup>Day 1 consists of Meal C only

<sup>\*\*</sup>Day 12 consists of Meal A only